

Registration Form: Covers Couples Training and Supervisory Workshop October 5, 2008

Fee: •\$90 includes lunch, and non-refundable \$15 registration fee.

•\$40 For full-time candidates in analytic Institutes and graduate students. Fee includes lunch and non-refundable \$15 registration fee. Student ID required.

Registration: Enter Information Below & Send To:

Registrar
Training Institute for Mental Health,
22 West 21 St 10th Floor,
New York, NY 10010-6904

Please Print Clearly

Couples Training &
Supervisory Workshop
October 5, 2008

Fee Submitted _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone(s) Office (_____)

Home (_____)

e-mail _____

Graduate Degree _____ From where? _____

Profession _____

Present Position _____

Place of Employment or Internship _____

If Student check here: _____ and print name of school you are currently attending _____

Please Indicate: Do you wish a **Certificate of Attendance** with CE hours verification sent to you upon completion of workshop?:

Yes _____ No _____

Please specify level of experience in couples work:

0-1 Years _____ 2-3 Years _____ 4-6 Years _____ 7+ Years _____

For application and information about Group and Couples Training Programs, contact Registrar, TIMH, 22 West 21 St 10th Fl, NY, NY 10010-6904 212-627-8181 or call Dr. Brok at 212-580-3086

Workshop Faculty

Shoshana Ben-Noam, PsyD, CGP
Madaleine Berley, MSSW, CGP
Charles Bonerbo, MSW
Alex Broden, MD
Albert J. Brok, PhD, CGP
Karen D'Amore, MSW
Tripp Evans, PhD
Barbara Feld, MSW, CGP
Patti German, MA, IMFT
Rebecca Kalb, MSSA
Dayna Kurtz, MSW
Martin Livingston, PhD, CGP
George Lynn, PhD
Renee Merow, MSW
Ita O'Sullivan, RN, NP
Hilary Ryglewicz, MSW
Judy Segal, MSW
Emanuel Shapiro, PhD, CGP
Robin Stern, PhD
Michael Zentman, PhD, CGP

Verification of 8 Continuing Education Units will be sent to you upon completion of workshop if you check the appropriate box on the Registration Form.

The Couples Therapy program offers one and two year certificates in Couples Treatment to mental health professionals who are interested in improving their clinical skills. Training consists of a sequence of seminars focused on the psychodynamic aspects of interpersonal and intersubjective interactions along with recognition of individual diagnostic issues. The relevance of cognitive techniques is also stressed. Basic training includes: Issues in Couples Therapy, Supervision of Couples Therapy, Short and Long Term Couples Therapy, and Readings in Theory and Practice of Couples Therapy: Advanced Training beyond the one and two year certificates is also available. This workshop may be taken as credit toward the one year certificate.

The Training Institute for Mental Health offers training and services without regard to sex, age, race, religion, sexual orientation, country of origin, or ethnic background.

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Granting and Seeking Forgiveness in Couples: And...Dealing with Revenge.

A Clinical and Supervisory Workshop

Sunday, October 5, 2008

Training Institute for Mental Health

Chartered by the Regents of the University of the State of New York
22 West 21 Street, 10th Floor
New York, NY 10010-6904
212-627-8181 ■ www.timh.org

Schedule

Sunday, October 5, 2008

8:30–9:15 A.M.

Registration, Coffee and Danish

9:15–10:15 A.M.

Welcome and Orientation
Albert J. Brok, PhD, CGP

Do we forgive and forget?
Forgive and Regret?

Do we forgive too soon? Or never?

Do we demand, expect or
wait to be forgiven?

And what about revenge?

10:20 A.M.–12:00 P.M.

Small Group Supervision

12:00–1:00 P.M. Lunch on Premises
(Kosher food will be available)

1:10–2:50 P.M.

Panel: Working with the
Dynamics of Forgiveness,
Revenge fantasies
and actions in
Couple Relations

Chair: , Albert J. Brok, PhD, CGP

Panelists: Madaleine Berley, MSSW, CGP
Barbara Feld, MSW, CGP
Hilary Ryglewicz, MS, CGP
Michael Zentman, PhD, CGP

Clinical and Round Table
Discussion with Audience

3:00–4:30 P.M.

Small Group Supervision

4:30–5:00 P.M.

Refreshments

Workshop and Conference Goals

This workshop focuses upon the complex dynamics influencing the capacity for couples to deal with transgressions small and large in their relationship. Some couples consciously and unconsciously enmesh themselves in a destructive vengeful process, while others avoid any conflict, forgive too easily or engage in pseudo-forgiveness.

In general, the ability to grant and seek forgiveness in a wise and authentic manner is an important part of any mature human relationship. We shall touch upon the underpinnings of such processes, including the role of desire for revenge rather than forgiveness. It seems clear that individuals who have not developed, or internalized certain intrapsychic capacities may organize themselves interpersonally in such a way that they forgive too easily, cannot at all forgive or who compulsively cannot accept forgiveness. The idealization and active desire for revenge may also hold sway in such individuals and be at times mistaken for justice.

Given the theme, we shall be addressing a variety of clinical issues exemplifying the above and consider various levels of intervention. We shall also discuss the creation of a 'Potential Forgiving Space' in couple therapy (Brok, 2008), the management and acknowledgement of revenge fantasies, dealing with vengeful actions and the process of creating stepping stones rather than stumbling blocks in the path towards a climate of forgiveness in any given couple relationship. We shall also consider under what conditions the *impossibility of forgiveness* is acknowledged and dealt with by any given couple as part of therapy.

The full program consists of a special midday clinical panel on the Topic and small supervision groups with senior couple therapists. There will be ample opportunity to discuss approaches and techniques in dealing with couple issues involving giving and seeking forgiveness and dealing with revenge.

Registration

The workshop is open to mental health professionals and qualified graduate students.

Conference and Workshop Coordinators

Albert J. Brok, PhD, CGP
Director: Group and Couples Therapy Department
Madaleine Berley, MSSW, CGP, Assistant Director,
Group and Couples Therapy Department

The workshop also provides practical ideas and suggestions for psychotherapists and other mental health professionals interested in learning, developing and refining their skills in private practice, hospital, pastoral and agency settings. The main focus is on skill development and supervision of issues faced by those who are interested in, or currently involved with couples work in clinical/counseling settings.

Some selected examples are:

- ◆ What is the role of the couple therapist in helping a couple deal with forgiveness?
- ◆ How can we facilitate a couple's capacity to make space for forgiveness of transgressions?
- ◆ What is a couple cognitive map?
- ◆ How can couple members expand each other's cognitive map?
- ◆ How do we deal with revenge fantasies in couple work?
- ◆ How do we help a couple develop self-reflective capacity?
- ◆ Would you consider seeing one or both members of a couple individually as part of the couple treatment?
- ◆ When do you make interventions addressed towards the couple and when towards the individuals comprising the couple?
- ◆ How and when do we work with dreams in the couple sessions?
- ◆ How do you handle affairs when revealed in the treatment process?
- ◆ When working with couples, how do we work with psychic reality vs. actual reality?
- ◆ Do you work with one member of the couple if the other does not arrive for the session?
- ◆ What criteria do you use for termination of couples treatment? Can you describe the variations in termination process with couples? Are there any general criteria for "successful" couples termination?

Workshop Fee

\$90 This includes a non-refundable \$15 registration fee.

\$40 Full time candidates in analytic institutes and graduate students. This includes a non-refundable \$15 registration fee. Student I.D. required.

All fees include lunch.

Cancellations accepted in writing up to September 29, 2008.

For information: Call Dr. Brok, Director of Group and Couples Therapy, 212-580-3086.