

The Supervisory Training Fellowship
George Lynn, Psy.D, ABPP
Director

Supervision is primarily a teaching and learning experience. TIMH offers a one year training program in supervision of the psychotherapeutic process. The curriculum consists of two components: a seminar on theory and principles, and a case seminar. It is taught in a positive emotional setting where individuals feel free to share their clinical questions and experiences in an open and direct way. The program is aimed at enhancing the personal and professional growth of the psychoanalytic therapist.

The program currently meets from September to June for 1 hour on Tuesdays from 11:30 - 12:30PM. Each seminar comprises principles and techniques of supervision as well as cases in supervision. All supervision of TIMH fellowship students is from September to July of the academic year.

Seminar I - Principles & Techniques of Supervision

The basic principles and techniques of supervision will be explained in depth through the application of psychoanalytic theory to the supervisory and teaching process via a survey of the relevant literature.

Areas of focus will include the supervisory alliance/misalliance, different models of supervision, the parallel process in supervision and psychotherapy, the teaching function and their techniques, the management of supervisor-supervisee transference and countertransference, potential conflict and impasse, and dealing with administrative, professional, legal and ethical issues. Pertinent clinical research will also be included.

Seminar II - Case Supervision

The supervisors in training get their practical experience by supervising first and/or second year students at The Training Institute's psychoanalytic training program and thereby contribute to TI's clinic. They will present their assigned supervisees in order to further the integration of theory and practice.

Supervision is seen in the broader context of psychoanalytic education, wherein supervisory observations and open discussion is viewed as part of the psychoanalytic learning process.

Qualifications:

1. All applicants must have a mental health license and malpractice insurance.
2. Enrolled or completed TIMH's 4 year psychoanalytic program¹ or similarly recognized psychoanalytic training program.

Application Process:

Please submit an application (available online) with your resume/CV and a \$50 payment.

Tuition:

Tuition is a \$0 fellowship; students in the Supervisory Fellowship are expected to provide supervision to TIMH first and/or second year students to cover the cost of training.

Requirements for Graduation:

1. Satisfactory attendance at the weekly seminar with no more than 4 absences for the year.
2. Satisfactory supervision of first and/or second year students' weekly therapy notes on Theranest, in addition to their monthly and quarterly summaries.
3. Provide end of the year in person evaluations of their supervisees.
4. Provide a written report of the above evaluation or on a supervisory topic of choice, due by June 1.

Satisfactory completion of the program leads to a Certificate.

Graduates of TIMH's four year program (or similarly recognized psychoanalytic training program) and the Supervisory Fellowship can supervise any student.

Faculty:

G. Lynn, PsyD, ABPP
J. Alkulian, PhD
L. Weiner, LCSW
M. Wood, LCSW

¹ Those who have completed TIMH's 4th year course, but have not completed their case paper may still enroll in the supervisory program. Upon completion of the supervisory program, those students may supervise 3rd year TIMH students, but not 4th year students. Once the case paper is complete, you may supervise 4th year students.